



RSCN

REFERENCE SITE COLLABORATIVE NETWORK

GENERAL MEETING



Online Meeting



13 July 2023

Meeting agenda

- Welcome from Maddalena Illario, RSCN chair, and Ana Carriazo, vice-chair
- The RSCN today & foresight. John Farrell, Director
- Updates from eHealth Stakeholders group. Ana Carriazo
- Updates from the EURAHL coalition. Maddalena Illario
- DHU Twinning opportunities & Radar. John Farrell
- Recent conference highlights:
 - Interactive feedback from Radical Health Festival Helsinki & upcoming opportunities. Jawad Hajam
 - Forthcoming Workshops & Conferences
 - NECTAR Project Final Conference, October, Brussels J. Farrell
 - AHL @Naples, 13-15 November, including General Assembly. M. Illario
 - TWGs – Results of Survey and floor to the community. M. Illario
 - (RS & TWG speakers): collaborative proposals, inputs & suggestions for future activities, collaborations between RSs and TWGs etc.
 - General Q & A session

RSCN today and foresight.

John Farrell (Ana Carriazo, Vice-Chair)

Mission:

The RSCN aims to support Reference Sites in Europe, and beyond, to:

- Promote all actions within a **life-course approach** to active and healthy ageing
- Accelerate the deployment of major innovations which will improve health, wellbeing, and care outcomes,
- Increase the sustainability of health and care systems,
- Create opportunities for economic growth and jobs.




Vision:

To help our members accelerate the development, deployment, and adoption of innovative solutions and digital technologies that facilitate proven service delivery models addressing life-course approaches to active and healthy ageing which provide real impact for patients and citizens, contribute towards the sustainability of services, and promote economic opportunities.



To bring together all accredited AHA(L) Reference Site regions into a single network to:

Develop high quality AHA(L) Reference Sites

-  Develop and support HQ AHA(L) regional ecosystems
-  Facilitate AHA(L) Reference Site regions in the development and implementation of regional health and care transformation programmes
-  Provide a unified voice when advocating with the European Commission

Scaling-Up of Innovation and Digital Solutions

-  Facilitate the sharing of knowledge, expertise, and evidence-based good practices
-  Create opportunities for collaboration to address common health, care and wellbeing challenges
-  Generate connections with European and International forums

RSCN Network Coverage



67 Accredited AHA Reference Site Regions



250m Citizens



1,400 public authorities, hospitals, primary and community care providers, social care providers



500 patient, voluntary, and community groups



1,800 SMEs and Start Ups



500 Universities, Colleges and research centres

RSCN Outreach

Nigeria, Ethiopia Malawi,
Uganda, Kenya



66 RSCN
European AHA(L)
Reference Site
Regions



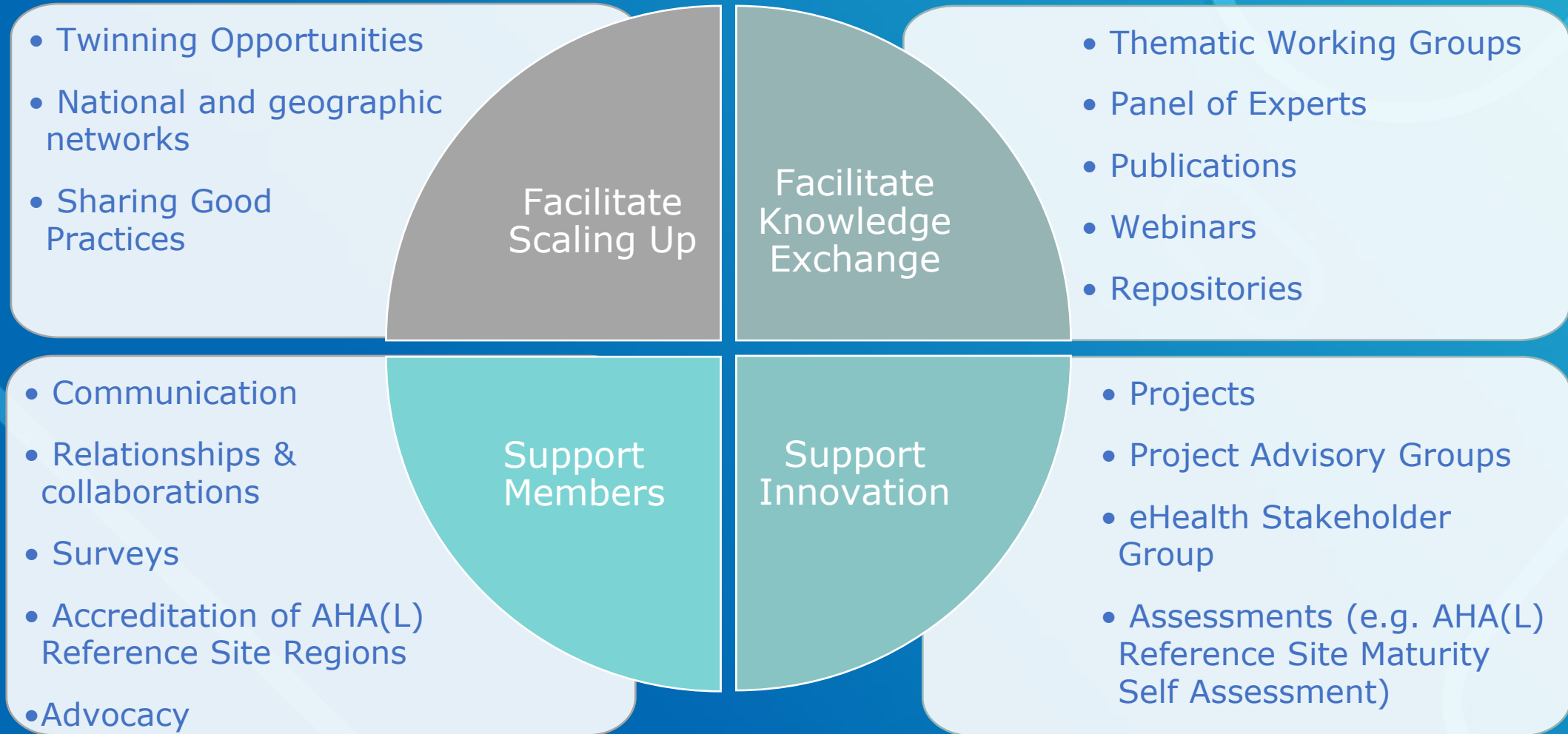
Cape Winelands
Biosphere Reserve,
South Africa AHA(L)
Reference Site Region



Carribean Barbados



RSCN - Strategic Objectives and Activities - 2020 to 2023



Services for AHA(L) Reference Site Regions *(Maddalena Illario)*



INFORMING

Providing access to the latest information on health and care, active and healthy ageing, digital health including alerts to funding opportunities

SUPPORTING

Support knowledge sharing on evidence-based good practice approaches, Innovation, and digital health solutions

PROMOTING

Connection with and between policy makers, health and care providers, researchers, and business leaders

INSPIRE

inspire the development of local networks and build opportunities for collaboration on projects with other members

RESEARCH

Support the design of person-centered innovative solutions for lifecourse AHA

Active and Healthy Ageing/Living Strategic Drivers

Strategic Drivers

Demographic Change and Ageing

Digital Transformation of Health and Care

European Care Strategy

Transformation of Health and Care Systems (THCS)

COVID Recovery and Resilience

WHO Framework for action on healthy ageing in Europe

WHO – Health for All

Creating Sustainable and age friendly environments

Synergies with WHO Actions

➤ WHO Framework for action on healthy ageing in Europe



➤ WHO – Health for All

- Value - valuing and measuring what matters through new economic metrics;
- Finance - how to finance health for all as a long-term investment, not a short-term cost;
- Innovation - how to advance health innovation for the common good;
- Capacity - how to strengthen dynamic public sector capacity to achieve health for all.

Strategic Drivers

*European, National,
Regional Levels*



**How can AHA(L)
Reference Sites
respond to the
Strategic Drivers?**

AHA Regions



Capacity building through exchange of innovative good practices for life-course health and well-being



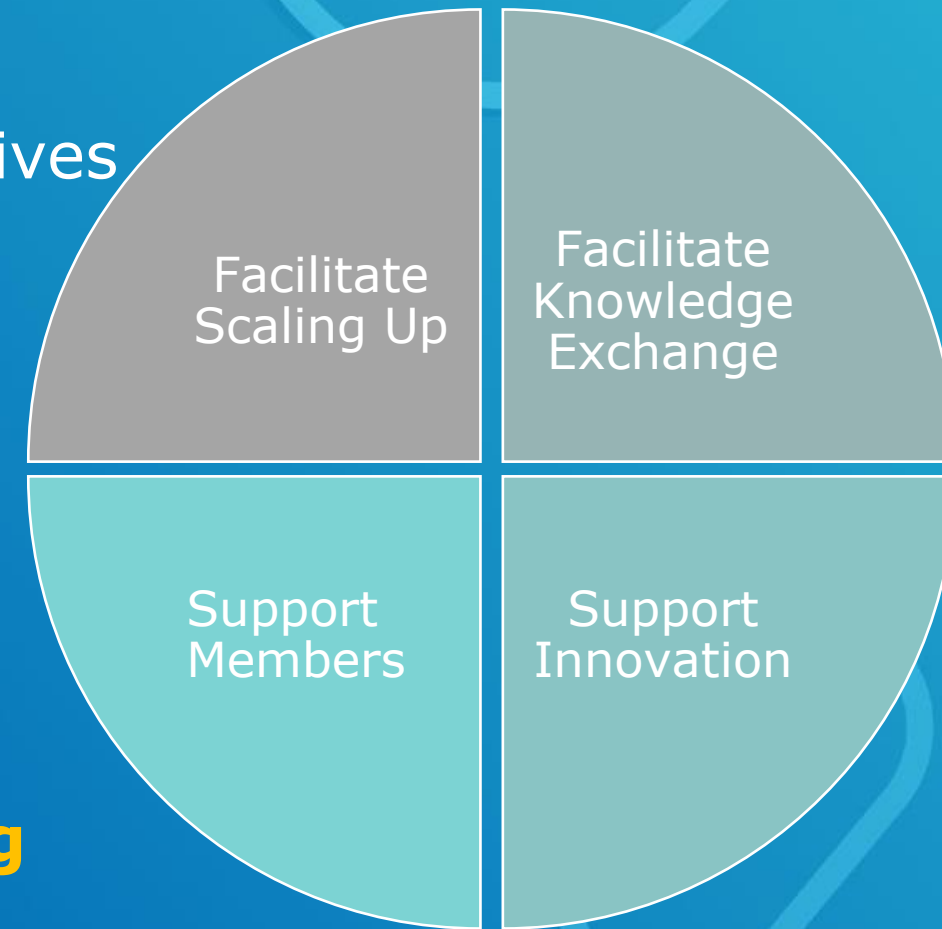
Multi-stakeholders engagement as an impact multiplier



Contributing to health equity as a pillar of sustainable development

RSCN Strategy 2024 to 2027

- Executive Board have commenced work on developing the 2024 to 2027 Strategy
- Propose to adopt the same 4 Strategic Objectives
- Engaging with Members to help develop the Strategic Plan
- Strategic Plan will be presented at the next General Assembly



We welcome your input to the following questions

RSCN Strategy 2024 to 2027 – Consultation with Members *(Vincenzo de Luca)*



Updates from eHealth Stakeholders group *(Ana Carriazo, Vice-Chair)*



**eHealth
Stakeholder
Group**

Updates from the EURAHL coalition

Maddalena Illario



EURAHL

European Active and
Healthy Living Coalition

Mission Statement:

- Strengthening connections, promoting synergies and uniting the voices of European AHL networks

Main Goals

- bringing together all networks and organisations with an interest in active and healthy living in order to influence and inform the development of active and healthy living policies and actions at European, national, and regional levels
- developing stakeholders and Members' understanding of active and healthy living and the role played by the different network organisations
- promoting the concept of active and healthy living and collaborative initiatives amongst the networks and organisations engaged on the Coalition
- developing synergies and collaborations across Member networks and organisations to ensure greater harmonisation of active and healthy living activities and initiatives
- signposting to the resources and expertise of Member networks



Members:



Structure

- Steering Committee
 - 2 Co-Chairs
- Secretariat
 - Treasurer
 - Communications
 - Logistics
- Working Groups
 - Specific topics
 - Activities
 - Deliverables
- Partner Organizations



DHU Twinning opportunities & Radar

Maddalena Illario

Call for Twinning

Apply from 13 June - 13 September 2023

~€100,000 in funding for 12 twinning



An informational webinars on the 18th of July will be available to dive deep into the call topics, conditions, and facilitation of twinning partnerships.

The European DHU Radar is a unique platform that enables you to discover and learn about digital health innovations in Europe, their adoption and success, publish your own innovations and experiences, and connect with owners and users of digital health innovations.

Discover the **DHU Radar**
for digital health innovations

digitalhealthuptake.eu/radar/



European Digital Health Uptake (DHU) Radar

The European DHU Radar, hereafter called "Radar", is a unique platform that enables you to discover and learn about digital health innovations in Europe, their adoption and success, publish your own innovations and experiences, and connect with owners and users of digital health innovations.

Twinning opportunities: bridging the gap for scaling up innovations

Transfer of Innovation
Twinning Support Scheme
2016 Pilot



European Innovation
Partnership on Active
and Healthy Ageing
REFERENCE SITE

PROEIPAHA



**EIP ON AHA
CALL FOR
TWINNINGS 2020**

Are you a **Reference Site**?
Are you involved in a **large-scale innovative**
digitally-enabled solution for health and care?
Find your twin and apply now to receive **€5,000 funding**

Deadline
04 May 2020

Apply at www.eipoha.eu
#eipoha #Call4Twinning

WE4AHA



JOINT CALLS FOR TWINNINGS
Funding the scaling up of digital health and care solutions in Europe

Total Funding
more than
€400,000

Deadline
04 May 2020

What's in it for me?
Funding to meet, share knowledge and
experience with other health and care organisations
across Europe. Open for both organisations and adapters.

Digital Health Europe

DigitalHealthEurope Technology

Focus
Scaling up digital solutions addressing:
1. Citizens' secure access to
and sharing of health data
across borders.
2. Better data to advance research,
disease prevention and personalised
health and care.
3. Digital tools for citizen empowerment
and person-centred care.

Who can apply
Local, regional and national health
and care organisations in the EU.

Budget
€3,000 to €43,000
per scheme.

Number
Up to 28 twinning pairs.

Who can apply
Local, regional and national health
and care organisations in the EU.

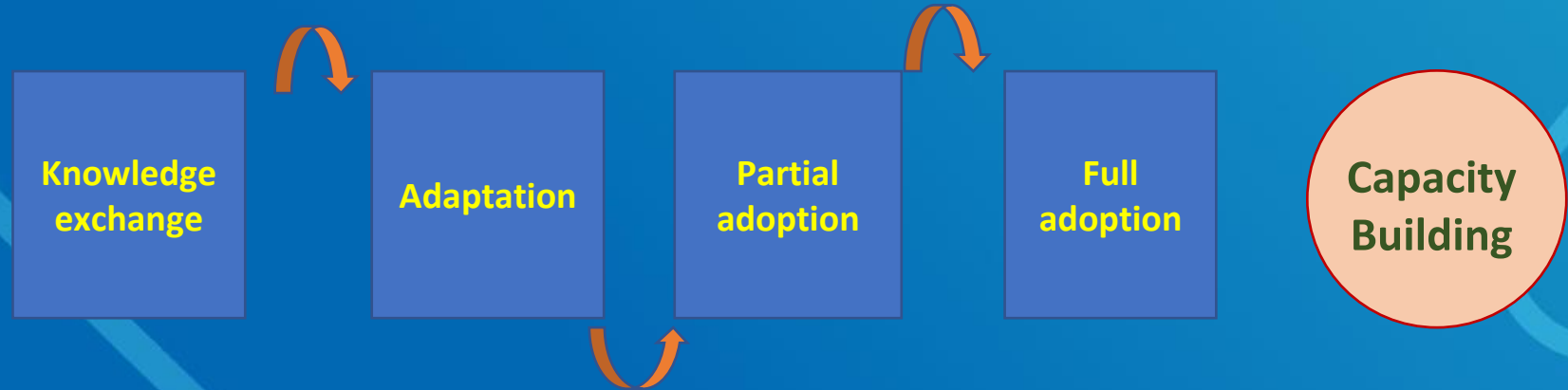
Budget
€3,000 to €43,000
per scheme.

Who can apply
EIP on AHA Reference Sites.
Budget
€5,000 per scheme.

**DON'T MISS A
TWINNING OPPORTUNITY!**
Visit www.eipoha.eu
to find out more about the
scheme and to apply.

IN4AHA

TWINNING SCHEMES



Recent conference highlights

Jawad Hajam

Interactive feedback from Radical Health Festival Helsinki & upcoming opportunities.

Session 1 - Tuesday 13 June - 11:00-12:30

Insights from Large Scale Implementations across Europe

Session 2 - Tuesday 13 June - 13:30-15:00

Building a Digital Society for Longevity - A Radical Approach to the 100 Years Life

Session 3 - Tuesday 13 June - 15:30-17:00

Championing a Silver Economy for Healthy Active Living



The RSCN is one of the Partners supporting



**RADICAL HEALTH
FESTIVAL HELSINKI
2023**
12-14 JUNE 2023 | HELSINKI, FINLAND

Maddelena Illario, facilitating the RSCN sessions June 13 at the Radical Health Festival in Helsinki !



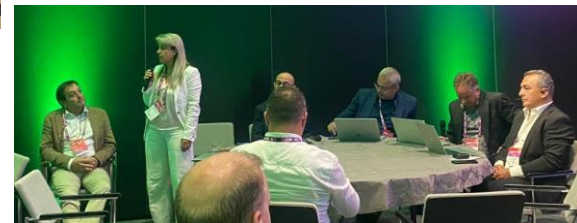
RSCN HEALTHY, ACTIVE AND PRODUCTIVE AGEING 2/2
INSIGHTS FROM LARGE SCALE IMPLEMENTATIONS ACROSS EUROPE

Chair

 Prof. Juan Aparicio Professor, Nursing School of Coimbra	 Prof. Robert Gibbons Health and Well- being of frail Elderly, Ingham University of Applied Science	 Prof. Guido Innocenzi Professor of Internal Medicine, University of Naples Federico II (UNINA)	 Jawad Hajjam Innovation Development Director, Regional Strategic Agency for Healthcare, CENTON GROUPE vyy	 Dr. Francesco Pera Managing Director, Regional Strategic Agency for Healthcare, Polices of Puglia	 Prof. David Rogati Head of Systems Engineering and Economics Department	 Dr. Angeline Kourouball Researcher, Institute of Computer Science, Foundation for Research and Technology Hellas (FOITH)
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TUESDAY JUNE 13
11:00 - 12:30

RADICAL HEALTH FESTIVAL HELSINKI 2023





What is the Radical Health Festival Helsinki ?

At the heart of digital transformation

The event was driven by a genuine and shared ambition to transform healthcare, deliver value, improve clinical and financial outcomes, and make health systems sustainable.



The list of challenges facing health systems is only getting longer - **ageing populations**, workforce shortages and burnouts, rising lifestyle-related cardio-metabolic diseases, unsustainable payment models, siloed information, lack of focus on prevention, 25+ partners have joined the movement including the European Society of Cardiology, SITRA, CHiME, Frontiers, H-ISAC, TEHDAS, COCIR, IANPHI, EHTEL and the **Reference Sites Collaborative Network**

Under the patronage of 3 Finnish Ministries: Social Affairs and Health, Foreign Affairs, and Economic Affairs and Employment)

Webinar for AHA(L) Reference Site Regions and Thematic Working Groups - 13th July 2023



The RSCN organize several sessions within Radical Health Festival !



Healthy, Active and Productive Ageing

Health and well-being derive from the interaction between individual, community and environment. The twin digital and environmental transitions require an effort to overcome the boundaries between disciplines, organizations and sectors to improve our understanding of the mechanisms that underpin successful ageing and healthy life course trajectories.

Insights from Large Scale Implementations across Europe

This session highlights innovative approaches identified by the RSCN reference regions, that could be deployed at scale in several fields:

- Risk factors (clinical, personal well being, environmental/other) to tackle at individual, community and environmental level to improve health outcomes
- Organizational readiness to implement integrated care sustainably
- Complex care and cure services in the community and at home
- Health promotion policies across sectors external to social, health and care
- Engaging non-professional stakeholders (citizens, patients, students) into an active participation in the delivery of new service models

Webinar for AHA(L) Reference Site Regions and Thematic Working Groups - 13th July 2023



The RSCN organize several sessions within Radical Health Festival !



Facilitators:

Donna Henderson, Head of International Engagement, Digital Health and Care Directorate, Scottish Government and President of EHTEL, Scotland

Maddalena Illario, Associate Professor, Federico II University & Hospital Dept. of Public Health, Naples, Italy

With an introduction of **Silva Paananen**, Counsellor, Trade and Investment, Embassy of Finland in Rome, Italy

Best practices and experiences from European Reference Sites:

- Pablo Gómez Conejo**, President of the SIVI Cluster and Executive Director Fundación INTRAS, Spain
Successful implementation of private initiatives for the development of the care ecosystem in Castilla y León -
- Tom van Benthem**, Public health department of the city of Amsterdam, The Netherlands
A social approach to active and healthy living from a lifespan perspective focuses on policy and practice
- Agata Wisniewska**, Project Manager and **Dr. Agnieszka Guligowska**, Assistant Professor, Medical University of Lodz, Poland
Best practices in implementing projects with quadruple helix stakeholders at Medical University of Lodz
- Heikki Ervast**, CEO, Dialogues & Design Ltd, Finland
Dialogical approach to help the interaction between individual, community and environment in health and well-being issues



The RSCN organize several sessions within Radical Health Festival !



Moderators:

Joao Apostolo, Professor, Nursing School of Coimbra, (ESEnfC), Portugal

Robert Gobbens, Professor, Health and Well-being of Frail Elderly, Inholland University of Applied Sciences, The Netherlands

Healthy, Active and Productive Ageing

Speakers:

Guido Iaccarino, Professor of Internal Medicine, University of Naples Federico II (UNINA), Italy

Jawad Hajjam, Innovation Development Director, CENTICH GROUPE VYV, France

Dr. Angelina Kouroubali, Researcher, Institute of Computer Science, Foundation for Research and Technology Hellas (FORTH), Greece

Francesco Fera, Managing Director, Regional Strategic Agency for Healthcare Policies of Puglia (AReSS Puglia), Italy

David Bogataj, Head of Systems Engineering and Economics Department, Alma Mater Europaea – ECM, Slovenia

[Webinar for AHA\(L\) Reference Site Regions and Thematic Working Groups - 13th July 2023](#)



The RSCN organize several sessions within Radical Health Festival !



Healthy, Active and Productive Ageing

Building a Digital Society for Longevity – A Radical Approach to the 100 Years Life

Building a digital society for longevity is about harnessing the potential of technology to enhance the lives of older adults and address the challenges associated with an ageing populations.

Not only can digital technologies promote social inclusion, independent living and enable seniors to stay engaged, but a digital society also ensures older adults have easy access to information, services, and resources including health information and services.

This session demonstrate that building a digital society for longevity can empower older adults to lead fulfilling lives, address societal challenges associated with ageing populations, and unlock the vast potential that technology holds in improving the well-being of seniors.

Webinar for AHA(L) Reference Site Regions and Thematic Working Groups - 13th July 2023



The RSCN organize several sessions within Radical Health Festival !



Healthy, Active and Productive Ageing

Building a Digital Society for Longevity – A Radical Approach to the 100 Years Life

Moderators:

Maddalena Illario, Associate Professor, Federico II University & Hospital Dept. of Public Health, Naples, Italy

Terje Peetso, Chief Medical Information Officer, North Estonia Medical Centre, Estonia

Panellists:

Indi Siriniwasa, CEO & founder, EdgeUP, Finland

Prof. Tommi Vasankari, Head of the Institute for Research of Public Health (UKK), Finland

Tina Woods, Founder & CEO Collider Health, United Kingdom

Jaakko Lähteenmäki, Principal Scientist, VTT Technical Research Centre, Finland



The RSCN organize several sessions within Radical Health Festival !



Healthy, Active and Productive Ageing

Championing a Silver Economy for Healthy Active Living

As people live longer, it is crucial to promote their well-being and enable them to lead fulfilling and productive lives.

By focusing on the silver economy, which refers to the economic opportunities associated with the older population, societies can harness the skills, knowledge, and contributions of older adults. Encouraging active living among seniors not only improves their physical and mental health but also reduces healthcare costs and fosters social inclusion.

This session present how embracing the silver economy benefits individuals, communities, and economies as a whole.

Webinar for AHA(L) Reference Site Regions and Thematic Working Groups - 13th July 2023



The RSCN organize several sessions within Radical Health Festival !



Healthy, Active and Productive Ageing

Building a Digital Society for Longevity – A Radical Approach to the 100 Years Life

Moderators:

Maddalena Illario, Associate Professor, Federico II University & Hospital Dept. of Public Health, Naples, Italy

Terje Peetso, Chief Medical Information Officer, North Estonia Medical Centre, Estonia

Panellists:

Felice Lopane, Secretary General, Silver Economy Network, Italy

Prof. Henrique Martins, Associate Professor, ISCTE-IUL, Portugal

Dr. Filip Jaskiewicz, Head of the Advanced Life Support Education Lab, Medical U. of Lodz, Poland

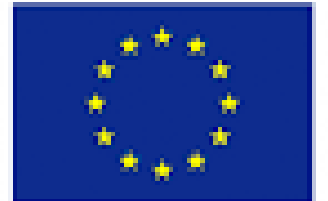
Christophe Jauquet, Author and Keynote Speaker, Healthusiasm, Belgium

Forthcoming Workshops & Conferences *(Maddalena Illario)*

**NECTAR Project Final Conference,
October, Ghent**




Co-funded by the
Erasmus+ Programme
of the European Union



Forthcoming Workshops & Conferences *(Maddalena Illario)*

AHL @Naples, 13-15 November including General Assembly

Call for short Papers opened soon!!!



AHL Napoli 2023

**SCALING-UP
DIGITAL SOLUTIONS FOR ACTIVE
AND HEALTHY LIVING:
IMPLEMENTING ACROSS SCIENTIFIC DISCIPLINES,
INDUSTRIAL SECTORS AND SCENARIOS**

13-15 November 2023
Federico II University - Naples

Unina Congress Center Scampia - Naples

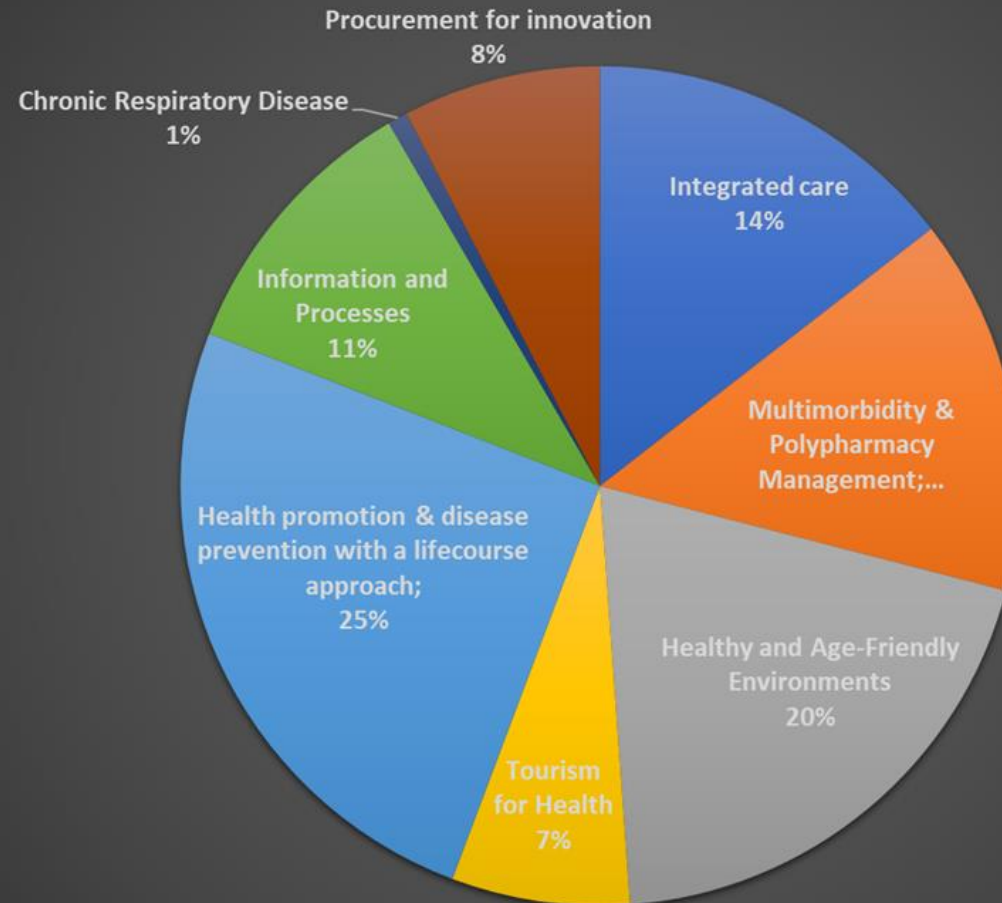
TWGs: Results of Survey and floor to the community *(Ana Carriazo)*

Areas of interest



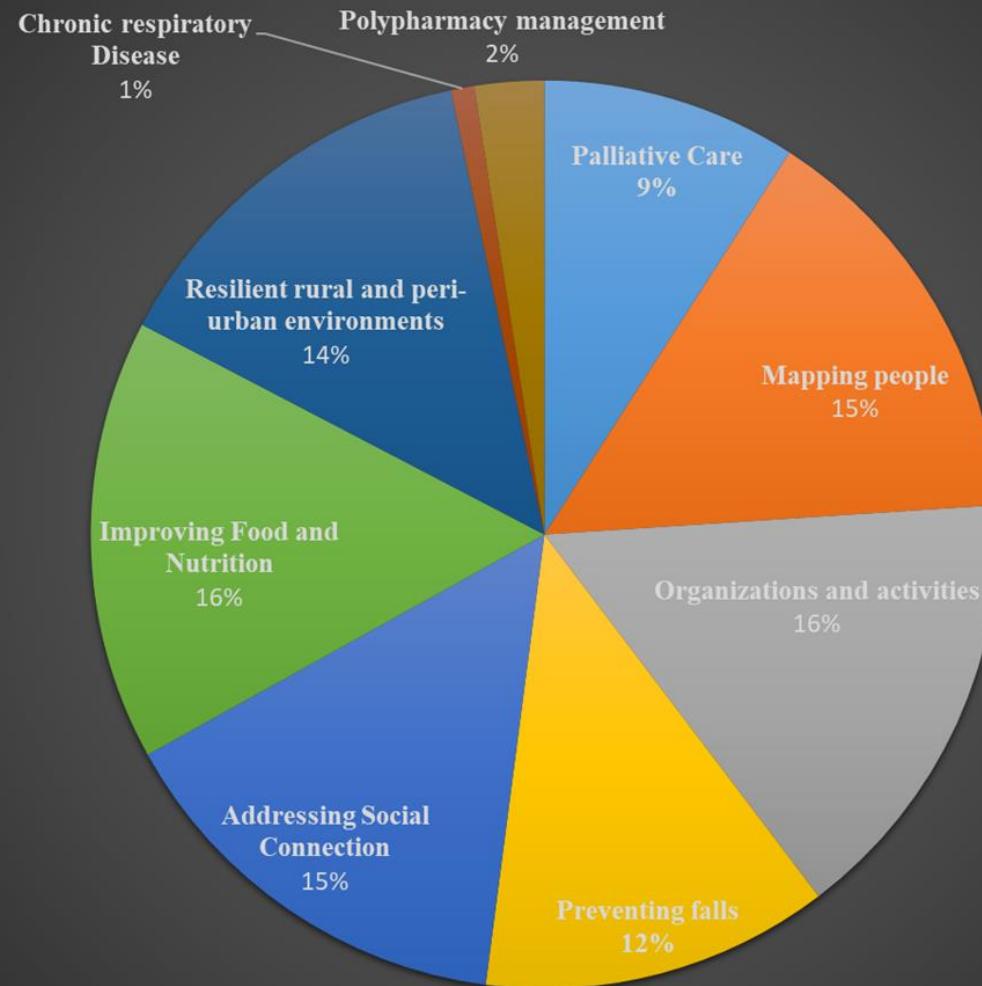
TWGs: Results of Survey and floor to the community

Which RSCN Thematic Area are you interested in?



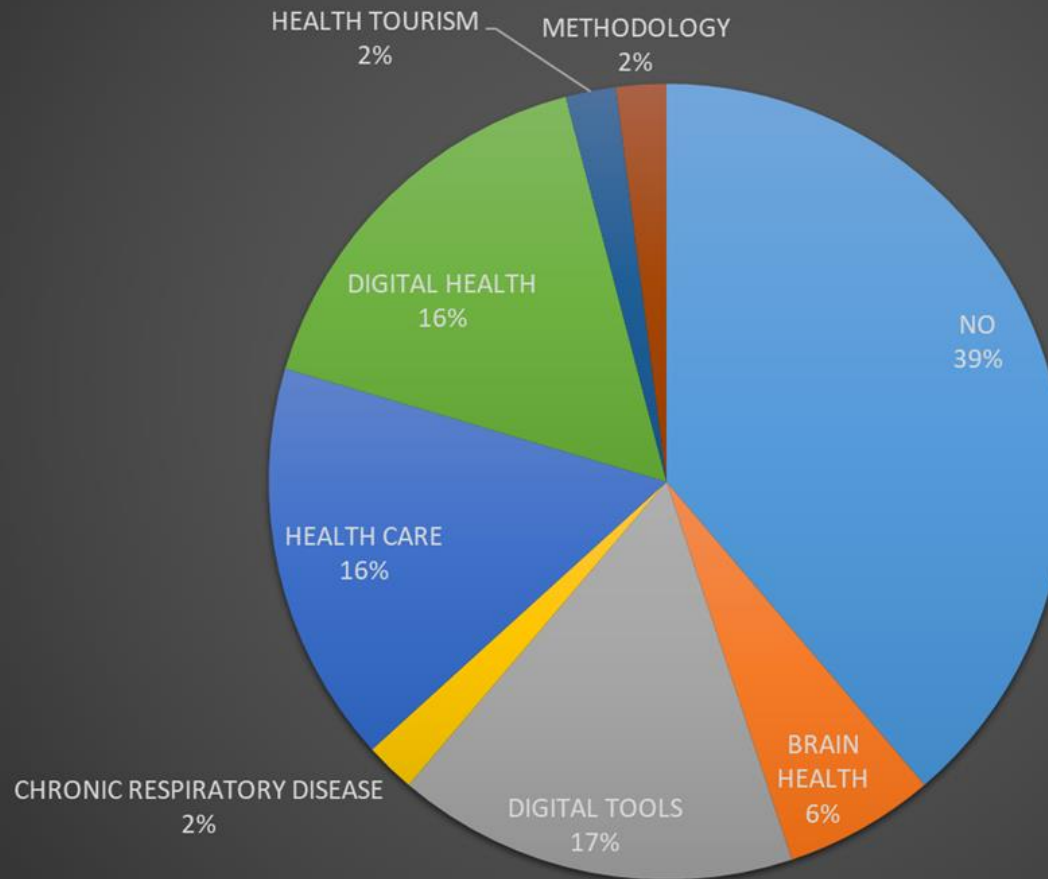
TWGs: Results of Survey and floor to the community

Which RSCN TWG you would like to join ?



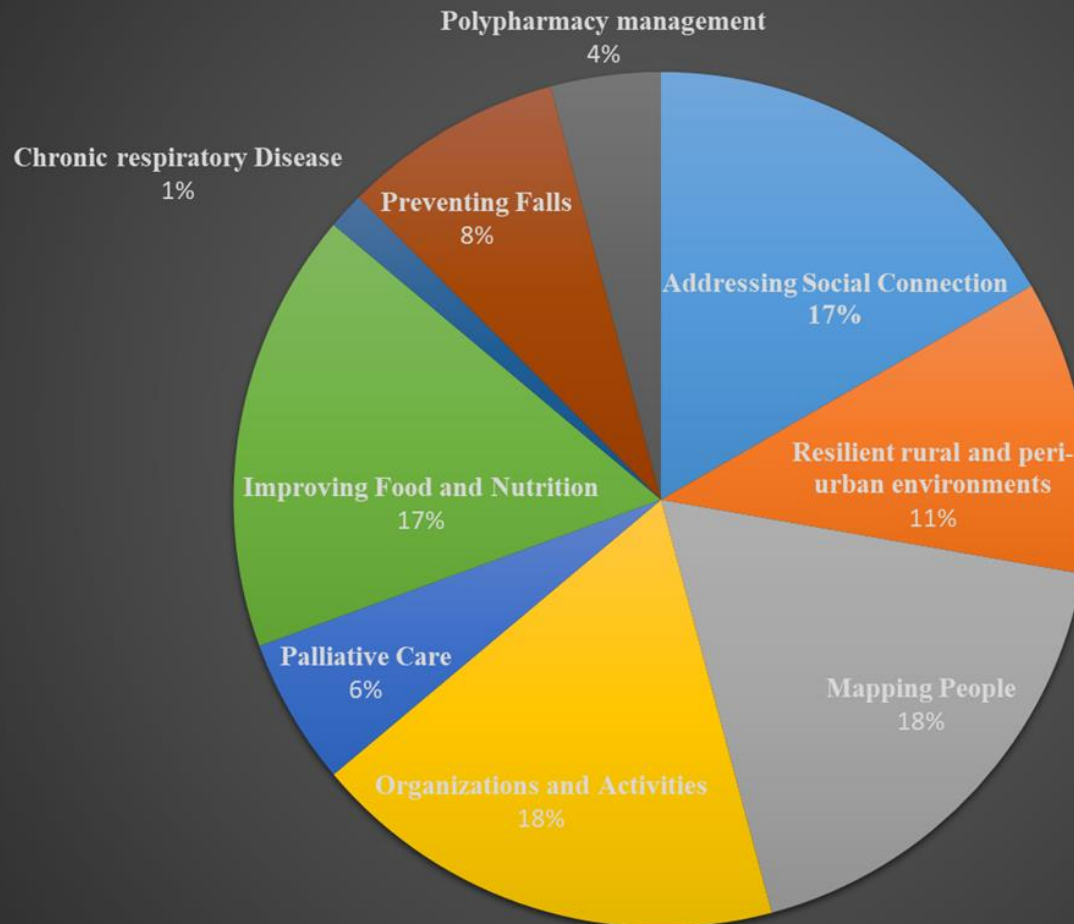
TWGs: Results of Survey and floor to the community

Question 4. Is there another topic you suggest that might be of interest for a broader group and become a TWG in line with current RSCN Thematic Areas ?



TWGs: Results of Survey and floor to the community

Which RSCN TWG would you be interested in coordinating eventually ?



General Q & A session



GENERAL Q & A SESSION



GET INVOLVED!



Thematic Working Groups

Webinars
Workshops
Twinings
Documents & Papers



Expert Panel

Supporting expert group & Ex Board



Executive Board

Drive forward strategies, planning & implementation