# Meeting agenda

1. Welcome from Maddalena Illario, RSCN chair, and Alina Lupu, DG CNCT

2. The RSCN today, John Farrell

3. Shared approach & purpose, Maddalena Illario

4. Focusing on TWG: interactive conversation and proposals for coordination teams. Vincenzo De Luca and all participants.

5. Setting the ground for the Action Plan 2023-2026 & upcoming activities. Maddalena Illario & John Farrell

RSCN

- Pan European Network established in 2013 as a bottom up initiative by AHA Reference Sites
- Represents all accredited Active and Healthy Ageing/Living Reference Site regions.
- Promotes and Facilitates the implementation and Scaling-Up of Innovation and Digital Solutions to address the life-course approach to active and healthy ageing
- Facilitates multidisciplinary experts from public authorities, health, social care, education, business, research, policy, patient and citizen groups, and communities to identify and address mutual health and care challenges that will lead to sustainable improvements in health and care outcomes for citizens throughout the life-course.

- Supports AHA Reference Sites in Europe, and beyond, to:
  - ❖ Promote all active and healthy ageing/living actions within a "whole life course"
  - ❖ Accelerate the deployment of major innovations which will improve health, wellbeing, and care outcomes,
  - ❖ Develop new business models for innovative services
  - ❖ Facilitate economic growth opportunities through new skills and new jobs in health, well-being, and social care

RSCN Aims
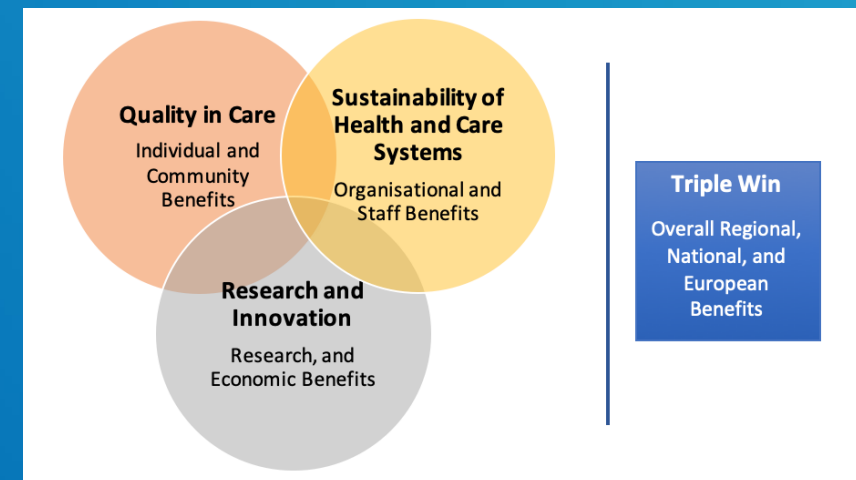
a) **Promote** a life-course approach applied to specific targets and settings

b) **Accelerate** the scaling-up and deployment of major innovations and digital health and care solutions that are tailored to our RS

By bringing together all accredited AHA Reference Sites into a single network we:

- facilitate the sharing of knowledge and expertise;

- create opportunities for collaboration to address common health and care challenges;

- facilitate AHA Reference Site regions in the development and implementation of regional health and care transformation programmes;

- generate connections with European and International forums to promote a life-course approach to active and healthy ageing.

4th Call for AHA(L) Reference Site Regions

Focussed on Quality

➢ Applications have to demonstrate:

- a record of evidence-based change in addressing a life-course approach to active and healthy ageing
- future plans for transformation of health and care to meet regional, national and European priorities
- scaling-up and transferability of solutions

➢ Continued adoption of the Quadruple Helix Model;

➢ Addressing current and emerging health and care challenges at regional, national and European levels

➢ Commitment of the 66 AHA(L) Reference Site regions to collaborate & generate impact

Network Coverage

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66 Accredited AHA Reference Site Regions

250m Citizens

1,400 public authorities, hospitals, primary and community care providers, social care providers

1,800 SMEs and Start Ups

500 Universities, Colleges and research centres

500 patient, voluntary, and community groups

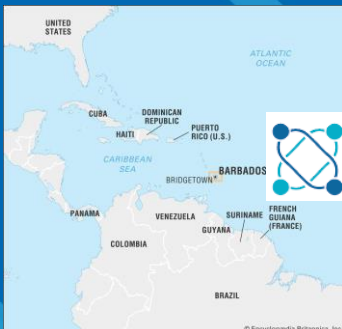# RSCN Outreach
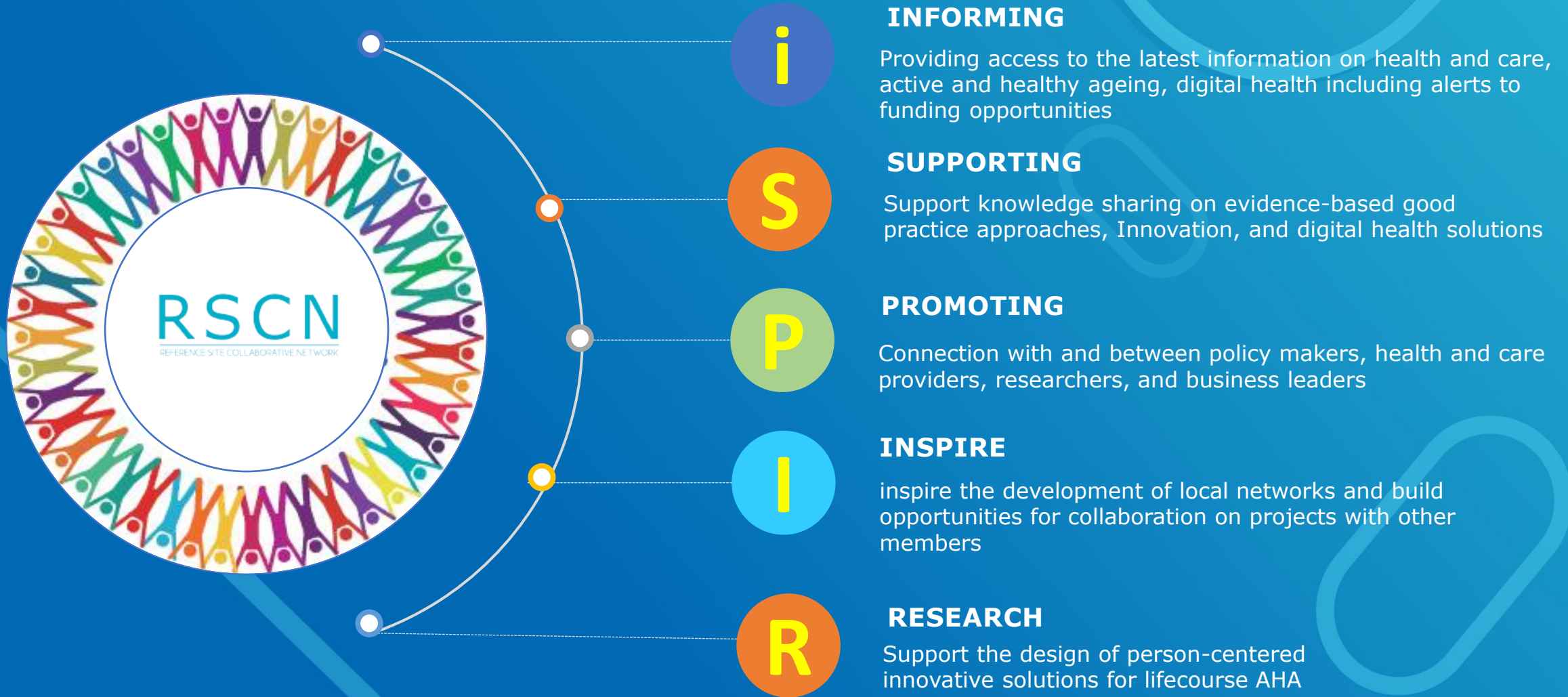

Nigeria, Ethiopia Malawi, Uganda, Kenya

Cape Winelands Biosphere Reserve, South Africa

Carribean Barbados

RSCN
European AHA
REFERENCE SITES

Services for AHA Reference Sites

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i **INFORMING**
Providing access to the latest information on health and care, active and healthy ageing, digital health including alerts to funding opportunities

S **SUPPORTING**
Support knowledge sharing on evidence-based good practice approaches, Innovation, and digital health solutions

P **PROMOTING**
Connection with and between policy makers, health and care providers, researchers, and business leaders

I **INSPIRE**
inspire the development of local networks and build opportunities for collaboration on projects with other members

R **RESEARCH**
Support the design of person-centered innovative solutions for lifecourse AHA

Collaborative activities

GET INVOLVED!

Thematic Working Groups
identify and address research gaps
assess and evaluate good practices and case studies
support regions and organisations to adapt and adopt innovative solutions
spread knowledge and skills

Expert Panel

Supporting TWG, projects & Ex Board

Executive Board

Drive forward strategies, planning & implementation

Sharing Knowledge and Good Practice

Webinars
Workshops
Twinnings
Documents & Papers

Our Approach to Innovation

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Health need

Environmental context

Environmental context

MULTIDIMENSIONAL INTERVENTIONS FOR LIFE-COURSE HEALTH AND WELLBEING

MULTIDIMENSIONAL INTERVENTIONS FOR LIFE-COURSE HEALTH AND WELLBEING

Twinning Opportunities

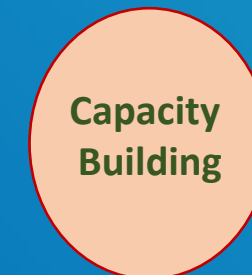## Bridging the Gap for Scaling-Up Innovation

PROEIPAHA

WE4AHA

IN4AHA

DHE

GATEKEEPER

VIGOUR

DHU

TWINNING SCHEMES

Knowledge exchange

Adaptation

Partial adoption

Full adoption

Capacity Building

Dynamic Interconnections and Synergies

Between AHA(L) Reference Site Regions and Thematic Actions and Working Groups

- ➢ Needs assessments & innovation gaps
- ➢ Dissemination, Communication & exploitation purposes
- ➢ Awareness of national and regional priorities

Thematic Working Groups

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Thematic Actions	Horizontal actions	
Integrated Care, Multimorbidity & Polypharmacy Management **Thematic Working Groups** • Palliative Care	**Education and Training** *New skills new jobs*	**Funding opportunities** *Includes Business models, sustainability and cost evaluations*
Health promotion & disease prevention with a lifecourse approach **Thematic Working Groups** • Preventing Falls • Improving Food and Nutrition • Addressing Loneliness		
Healthy and Age-Friendly Environments **Thematic Working Groups** • Resilient rural and peri-urban environments		
Tourism for Health		
Procurement for innovation		
Information and processes **Thematic Working Groups** • Mapping people, organizations and activities		

Mentimeter.com

https://www.menti.com/aljhjqa55po4

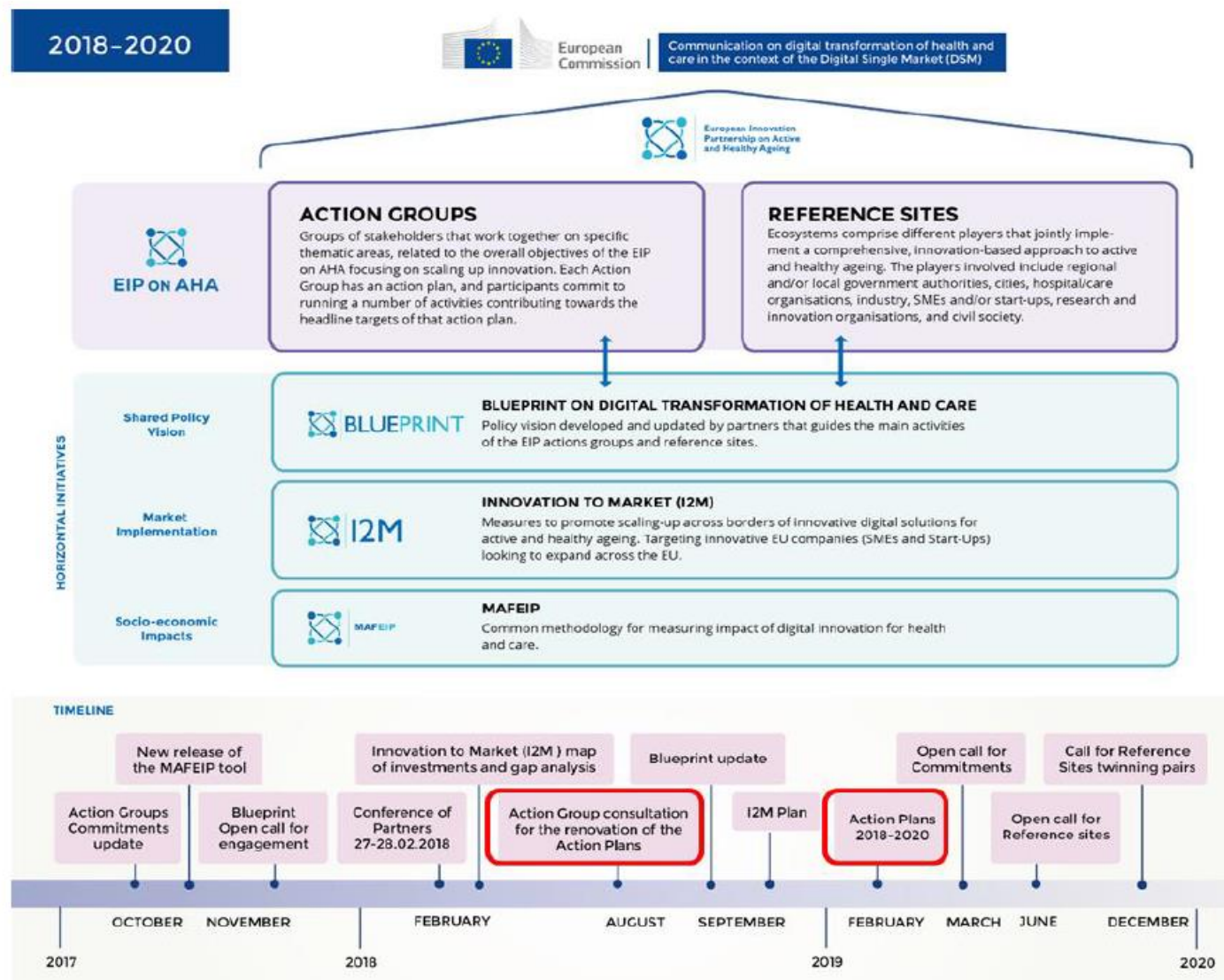CODE: 22207991

Action Plan Renewal Process

Previously

Figure 2. AP renewal process in the EIP on AHA cycle

EU Priority areas for the transformation of health and care in the Digital Single Market

Digital Health and Care

TRANSFORMATION OF HEALTH AND CARE IN THE DIGITAL SINGLE MARKET – Harnessing the potential of data to empower citizens and build a healthier society

European health challenges

- Ageing population and chronic diseases putting pressure on health budgets
- Unequal quality and access to healthcare services
- Shortage of health professionals

Potential of digital applications and data to improve health

- Efficient and integrated healthcare systems
- Personalised health research, diagnosis and treatment
- Prevention and citizen-centred health services

What EU citizens expect...

90% agree To access their own health data
(requiring interoperable and quality health data)

80% agree To share their health data
(if privacy and security are ensured)

80% agree To provide feedback on quality of treatments

Support European Commission:

1 Secure access and exchange of health data

Ambition:
Citizens securely access their health data and health providers (access primaries.) can exchange them across the EU.

Actions:
- eHealth Digital Service Infrastructure will deliver initial cross-border services (patient summaries and ePrescriptions) and cooperation between participating countries will be strengthened.
- Proposals to extend scope of eHealth cross-border services to additional cases, e.g. full electronic health records.
- Recommended exchange format for interoperability of existing electronic health records in Europe.

2 Health data pooled for research and personalised medicine

Ambition:
Shared health resources (data, infrastructure, expertise...) allowing targeted and faster research, diagnosis and treatment.

Actions:
- Voluntary collaboration mechanisms for health research and clinical practice (starting with "one million genomes by 2022" target).
- Specifications for secure access and exchange of health data.
- Pilot actions on rare diseases, infectious diseases and impact data.

3 Digital tools and data for citizen empowerment and person-centred healthcare

Ambition:
Citizens can monitor their health, adapt their lifestyle and interact with their doctors and carers (receiving and providing feedback).
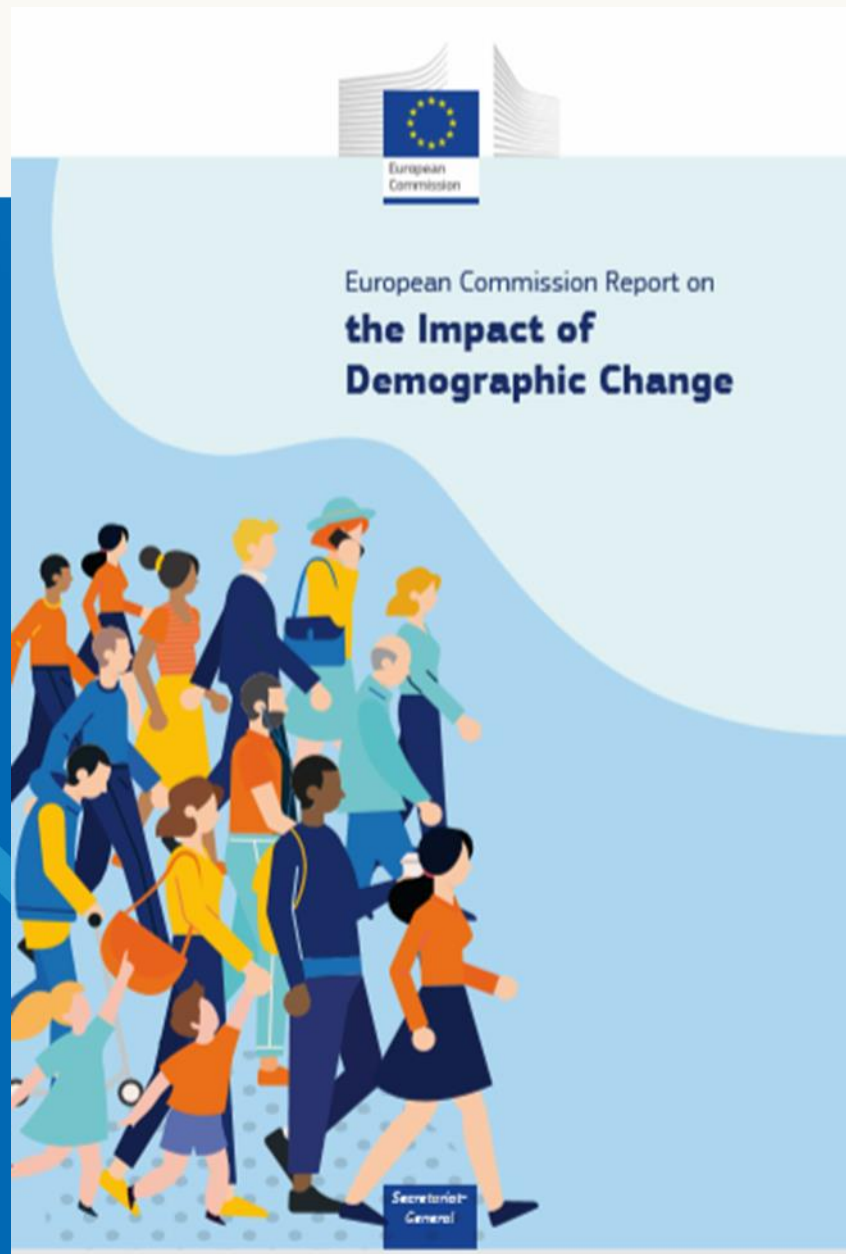
Actions:
- Facilitate supply of innovative digital-based solutions for health, also by SMEs, with common principles and certification.
- Support demand uptake of innovative digital-based solutions for health, notably by healthcare authorities and providers, with exchange of practices and technical assistance.
- Mobilise more efficiently public funding for innovative digital-based solutions for health, including EU funding.

#DigitalSingleMarket   #DigitalHealth   @eHealth_EU   @EU_Health

European Commission Report on

the Impact of Demographic Change

- Population growth has slowed down in recent decades and halted during the COVID-19 pandemic

- The population in rural areas of Europe is already older, on average, than the population in towns, cities and suburbs

- The mobility of young people can result in major changes to demographic structures in particular geographic areas

- Targeted solutions to transform shrinking regions into more dynamic talent-driven locations

- Underrepresented groups may get more opportunities to put their talent to use in the labour market.

- To activate more people for the labour market (women, people with disabilities, older people and young people not in education, employment or training)

- enhance labour market integration and facilitate job-to-job transitions

Lifecycle approach

Formative years: life-long learning, healthy & active ageing

Growing needs: healthcare, long-term care / mobility, connectivity, well-being

Working age: labour markets, productivity, innovation and business opportunities

Retirement: volunteering, intergenerational relations / adequate, fair and sustainable pension systems, old age poverty

Territorial aspects

Broad Priorities in the EU

➢ Pensions and sustainability of social protection systems
➢ Long-term care and healthcare
➢ Healthy and active ageing, including digital tools and skills
➢ Inclusion and non-discrimination
➢ Territorial dimension of ageing

Policy focus beyond 2020

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From Active and Healthy Ageing to Active and Healthy Living

Focus on:

➢ Life-course health and wellbeing promotion
➢ Active ageing at the workplace, Independent living and Integrated care (*Digital Europe Program, Horizon Europe*)
➢ Silver economy and support to an EU single market for innovative health solutions for AHA (*Innovative Health Initiative*)
➢ Age-friendly environments, cities and communities (*New European Bauhaus*)
➢ Implementation practices and deployment (*RSCN*)
➢ Capacity building & Digital skills (*Twinnings, Digital Europe Program, Horizon Europe, ERDF, Pact for Skills*)
➢ Promote International Cooperation on AHA (*International Collaboration, Digital Transformation, Healthy Ageing-IDIH, EU-Japan, EU Canada*)

The need for innovative approaches to health service provision

From reactive disease
management to proactive,
anticipatory care
Active & Healthy Living
concept

The new value chain to build on for the Action Plan

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PRIMARY ACTIVITIES

- IDENTIFICATION OF HEALTH NEEDS
- ENVIRONMENTAL CONTEXT
- TARGETED INNOVATIVE SOLUTIONS

SSR, Community, third sector

SECONDARY ACTIVITIES

- TRAINING
- DIGITAL AND HEALTH EMPOWERMENT
- EPIDEMIOLOGY

Medicine, Architecture, Engineering, Veterinary, Agriculture & Food, Human Sciences, Music

SUPPORT ACTIVITIES

- HUMAN RESOURCES COORDINATION FOR SERVICES AND MONITORING
- LOGISTICS, SPACES, EQUIPMENT
- ADMINISTRATION

Management, process organization, control and monitoring, economic management

INTEGRATED DIGITAL SYSTEM

INTEGRATED DIGITAL SYSTEM

Action Plans

➤ Drafted & updated in the framework of Active and Healthy Living

➤ Identify overarching objectives & activities

➤ Update & valorise results & achievements

➤ Identify supporting tools to collaborative activities

TWGs are pivotal to improve project engagement

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- ➢ Connect with regional priorities

- ➢ Support interdisciplinarity across themes

- ➢ Strengthen capacity to respond to funding calls for Thematic Working Groups & RSCN

- ➢ Contribute to RSCN Dissemination and Communication Strategy and link to local Dissemination and Communication Plans

- ➢ Other (free keywords)

Interactive approach to promote innovation

- ➢ Contribution to projects: shared priorities
- ➢ Webinars: identify upcoming topics & related timing
- ➢ Twinnings opportunities (DHU)
- ➢ Joint Publications
- ➢ Workshops & conferences (e.g. Metroxraine, AgeingFit, AMEU…)
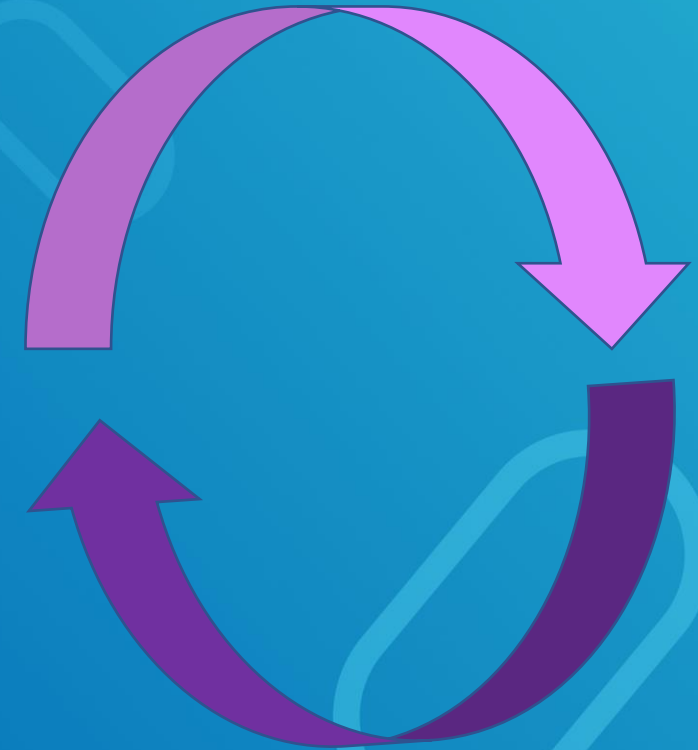
Contribution of TWG to update the RSCN strategic Objectives 2020 - 2023

Facilitate Scaling Up
- Develop and promote Twinning Opportunities
- Facilitate the development of national and geographic networks
- Undertaker survey of best practice in Scaling-Up health and care innovation

Facilitate Knowledge Exchange
- Create Thematic sub-groups to consider / recommend actions to address key health and care issues
- Increase the number of published articles written by RSCN and Members
- Organise webinars on topical issues for regions
- Develop repository of good practices

Support Members
- Improve communications - website, newsletters, social media
- Develop national and international relationships with relevant organisations, networks, and clusters
- Provide more opportunities for Members to engage with funded projects
- Carry out a Member Survey

Support Innovation
- Establish Project Advisory Groups to advise RSCN in its participation on projects
- Increase the number of project proposals submitted by the RSCN and its Members
- Contribute to key actions of the eHealth Stakeholder Group
- Support regions in assessing their readiness for innovation

Management and Governance

THANK YOU

Q & A